



GT Experiences

A REALM OF UNFORGETTABLE TRAVEL

# *Piedmont Cooking Tour*







## Nizza Monferrato

# PIEDMONT COOKING TOUR

*A journey to find out the secrets of the most beloved and appreciated food in the world....a way to experience what it is not, simple food, but a way of life.*

Nizza Monferrato, Canelli, Costigliole d'Asti, Acqui Terme, Gavi, Barbaresco, Barolo, Alba, Grinzane, Cavour, Torino - 8 Days/7 Nights

### ITINERARY

#### Day 1: Nizza Monferrato

Arrival at Nizza Monferrato in Piedmont. In the evening you will enjoy an “apericena,” an aperitif with plenty of different appetisers, a kind of mix between an aperitif (aperi-) and a full dinner (-cena), a very popular tradition in Piedmont. Accommodation in a deluxe farmhouse/country inn. Overnight in hotel.

#### Day 2: Nizza Monferrato/Canelli/Nizza Monferrato (19 Km – 11 miles)

After breakfast in hotel visit of the Bersano wine cellars and old farm tools museum in Nizza Monferrato, displaying a collection of top quality wines, including Barbera d'Asti D.O.C.G. and Barbera del Monferrato d.o.c.g. Transfer to the nearby village of Canelli, home to the Asti

D.O.C.G., the best selling Italian wine abroad, made with sweet Moscato grapes with the champenois method, the same used in the production of Champagne in France, adapted to this sweet wine. Visit of a winery and cellar to get a full knowledge of this wine and of course, a taste of it! Back to the farmhouse in Nizza Monferrato. Lunch in restaurant in Nizza Monferrato.

In the afternoon experience the first session of your Piedmontese and Italian cooking course: an award winning chef will show you all the secrets of the most renowned Piedmontese and Italian dishes. Lesson ends with a top quality dinner made by yourself with the chef supervision. Overnight in hotel.

**(B, L, WT, CL, D)**

#### Day 3: Nizza Monferrato/Costigliole d'Asti/Nizza Monferrato (32 Km – 20 miles)

After breakfast in hotel transfer to the village of Costigliole d'Asti for a truffle hunting (white or black depending on the time of the year). You will visit the “Casa del Trifulau” (truffle hunter’s house) and will be taught everything about history, characteristics, environment and traditions of truffles. Most important thing, you will take part actively in the truffle hunting with the support of an expert and his dogs trained for this purpose.

In the afternoon visit of Costigliole d'Asti’s old city center and his wonderful Castle. This majestic building was built in the XIII century. In the sixteenth century it was an important military stronghold, but what we see today is the result of a







## Langhe

restoration made in the nineteenth century that transformed the building into a fashionable neogothic structure.



Truffle Hunting

Lunch in a typical restaurant. Return to Nizza Monferrato. Second session of your cooking course with a top quality dinner made by yourself with the chef supervision. Overnight in hotel. **(B, CL, D)**

**Day 4: Nizza Monferrato/Acqui Terme/Nizza Monferrato (38 Km – 24 miles)**

After breakfast in hotel you will just relax and unwind! Transfer to the nearby Roman historic city of Acqui Terme, the most renowned spa resort in Piedmont, where you will enjoy a few hours of total care of your body and mind. Lunch in restaurant.

This afternoon visit of Acqui Terme's old city center. Return to Nizza Monferrato. Third session of your cooking course with a top quality dinner made by yourself with the chef supervision. Overnight in hotel. **(B, CL, D)**

**Day 5: Nizza Monferrato/Gavi/Nizza Monferrato (102 Km – 63 miles)**

After breakfast in the hotel enjoy a driving tour through the hills and vineyards of Monferrato up to the village of Gavi, that gives its name to the Gavi D.O.C.G., probably the most renowned white wine of Piedmont. Visit of its fort and its main wine cellar and shop. Lunch in restaurant.

In the afternoon return to Nizza Monferrato, fourth and last session of your cooking course with a top quality dinner made by yourself with the chef supervision. Overnight in hotel. **(B, L, CL, D)**

**Day 6: Nizza Monferrato/Barbaresco/Barolo/Alba/Grinzane Cavour/Nizza Monferrato (111 Km – 69 miles)**

After breakfast in the hotel you will ex-

plore the Langhe area, a part of Piedmont that may be considered the food and wine district along with Monferrato and Roero, UNESCO heritage. First stop at Barbaresco, giving its name to one of the best red D.O.C.G. wine, nicknamed "The wine of queens" according to an old saying. Here you will visit and have a taste at the renowned Marquis of Gresy wine cellars. Trip goes on to Barolo, home to the worldwide famous Barolo D.O.C.G., also nicknamed "Wine of the kings." Visit at a local wine maker premises followed by a Piedmontese typical lunch accompanied by a taste of different kinds of Barolo d.o.c.g. and other wines of this area.

In the afternoon depart for Grinzane Cavour, where you will visit its castle hosting the Enoteca Regionale Piemontese Cavour (Cavour Piedmontese regional cellar) and Langhe Museum. The castle is also home to a famous international literary award held here once a year, named Grinzane Cavour Prize. Transfer to Nizza Monferrato with a stop along the way in Alba, the "capital" of the Langhe, a beautiful medieval city home to the





## TORINO, PALAZZO REALE

famous white truffle and the “round and mild nut”, basic ingredient of Nutella, the worldwide famous nut and cocoa cream produced by Ferrero company, which has its headquarters here. Dinner and overnight in hotel. **(B, L, D)**

**Day 7: Nizza Monferrato/Torino (90 Km – 56 miles)**

After breakfast in hotel transfer to Torino to begin a walking tour through the beautiful streets of the old town centre. Free lunch. In the afternoon visit to the Royal Residence hub Palazzo Reale and its Gardens, symbol of the magnificence and opulence of the Savoy dynasty, is the epicentre of all this power, and where the Royal Collections are held, bearing witness to the careful administration by the Savoy and their love of art; Palazzo Madama, the first Senate of the Italian Kingdom, and takes its traditional name from the embellishments it received under two queens (madama) of the House of Savoy; Palazzo Carignano, a symbolic place for the history of the House of Savoy and the Italian Risorgimento: as well as being the birthplace of Charles Albert and Victor Emmanuel II, it was the site for the Piedmontese Parliament and

the first Parliament of Italy. Dinner and overnight in hotel. **(B, L, D)**

**Day 8: Nizza Monferrato/Torino (90 Km – 56 miles)**

Breakfast in hotel. Time at leisure according to departure time. End of our services. **(B)**

### **What's Included:**

- 5 accommodation in 4 stars hotel in Nizza Monferrato in B&B
- 1 accommodation in 4 stars hotel in Nizza Monferrato in HB
- 1 accommodation in 4 stars hotel in Torino in HB
- 4 sessions of cookery course (drinks not included)
- 3 visits to a prestigious wineries with tasting of Monferrato wines, in the second, third and fifth day of the tour
- 4 lunches in restaurant (drinks not included)
- 1 visit to the prestigious Barolo wine tasting cellar with lunch on the third day of the tour
- 1 visit to the “Casa del Trifulau” with truffle tasting
- Piemonte Card (free Entrance in museums and tourist attractions)

- 1 Spa entrance in Acqui Terme
- All entrance fees to museums and tourist attractions as written in the program
- Medical/luggage insurance
- All local taxes

### **Not Included:**

- Incoming/outgoing flights and airport taxes
- All kind of transfers
- Lunches, beverage if not indicated
- Porterage at hotels
- Personal expenses, tips
- All things not enlisted above

### Legend

<b>B</b>	Breakfast
<b>L</b>	Lunch
<b>D</b>	Dinner
<b>CL</b>	Cooking Lesson
<b>WT</b>	Wine Tasting

