

GT Experiences

A REALM OF UNFORGETTABLE TRAVEL

DOLOMITES

UNESCO World Heritage





VIGO DI FASSA

TRENTINO, DOLOMITES

Vigo di Fassa, Moena, Bolzano, Canazei, Trento - 8 Days 7 Nights

ITINERARY

Day 1

Arrival at the airport and transfer to Campitello or Vigo di Fassa. Below Sassolungo and Col Rodella the town of Campitello di Fassa (1448 m.) offers one of the most beautiful landscapes of the entire valley and alpine arc. Historically it has always been considered the first alpine tourist centre of the Fassa Valley. Campitello is the starting point for the Col Rodella Belvedere ski-area which is part of the famous "Sellaronda", ski carousel where tourists can appreciate at close quarters the majesty of the Dolomite peaks and its unique landscapes and breathtaking views. Paragliders and hang-giders use Col Rodella as an ideal launching point.

The Ischia sports centre which is near the Col Rodella cable car, is a reference point,

especially during summer, for Fassa Valley's sporting activities. The strikingly beautiful Duron valley, which can be reached on foot, mountain bike, or taxi, reawakens unique emotions from contact with unspoilt nature.

Vigo di Fassa - For centuries Vigo was the religious and political capital of the Val di Fassa. The foundation of the church of Santa Juliana and even more of the Parish of St. John, as well as the presence of stewards of the court, captains and judges of the valley made Vigo the decision heart of Fassa Valley for a long time. Vigo's position is unique: set on a sunny slope crossed by the Costalunga Pass (1745 m), an important means of communication between Trentino and South Tyrol, it is situated at the foot of the amphitheater of Catinaccio.

In winter Vigo is a cozy tourist center

thanks to the cable car, which leaves from the town and takes skiers on the slopes of the ski area of Catinaccio. Here are ski champion tracks and areas dedicated to families and children with baby park: natural terrace kissed by the sun offering exceptional views of the Fassa Dolomites. In summer, however, the country offers walking in the close area, including the picturesque villages that surround it, or, with the lifts, trekking high altitude. Dinner this evening at your hotel. **(D)**

Day 2

After breakfast depart for the Fairies' wood! Extraordinary and intriguing excursion to discover the undergrowth, the animals living in it and a lot of tasty mushrooms under the guidance of an expert who will tell you about secrets and mysteries of these enchanted places.

Moena and the "Viac cultural."





Trentino, Alto Adige

Easy walk through the history and culture of Moena crossing the legendary quarter called “Turchia.”

Moena (1184 m.), the largest town in Valle di Fassa is called “The Fairy of the Dolomites.” Only a few minutes from Moena, public transport easily leads to the ski area TreValli, which allows you to spend unforgettable days both during winter and summertime at Lusia and San Pellegrino Pass, which are famous skiing resorts appreciated all over the world by both ski champions and skiing enthusiasts as well as snowboarders and telemarkers.

Moena is also the town from which the Marcialonga starts off. This cross-country ski competition is 70 km long and since 1971 has always started off its classic technique from Moena, attracting 5000 participants every year and competing as part of the World Cup. During summer the Marcialonga Running and the Marcialonga Cycling are held along mountain itineraries which are enjoyed by young and old.

In the mountain huts, farms and restau-

rants the visitor will be able to sample local dishes, where Ladin culture and gastronomy meet and which often feature the famous cheese “Puzzone di Moena”, promoted by Slow Food. The attractive and elegant town centre of Moena makes it a real shoppers’ paradise where you can stroll leisurely through its traffic-free streets and squares. In fact Moena, by investing in the sustainability of its environment has also become the “Pearl of the Alps”, thus becoming one of the best tourist destinations in Europe offering outstanding services with respect to the environment by guaranteeing an eco-compatible, ecological and responsible holiday. Return to your hotel for an overnight. **(B)**

Day 3

After breakfast departure for Bolzano. Thanks to its double perspective, Bolzano is able to mesmerize tourists who come from all over. Its two lifestyles, one Northern European and the other more Mediterranean, combine to make the perfect union, which can be clearly seen in the historic and artistic treasures of this town.

For centuries, Bolzano has been the privileged centre of commercial exchanges between Italy and Germany. The presence of Central Europe and Mediterranean traditions is most evident in Alto Adige cuisine, as well as in delicacies from Bolzano.

Each season, dishes made with authentic flavours fill the air with their aromas. Today, the capital of Alto Adige has become a cosmopolitan city that knows how to be lively, cheerful, modern and yet refined all at the same time! We will visit the old town and Castel Roncolo: Piazza Walter (the Town Salon), the cathedral and its Gothic tower, St. Johann Chapel with the Giottesque frescos, the Franciscan Church and the cloister, Piazza Vittoria and its monument, the characteristic Piazza delle Erbe, Via Museo, the Arcades with shops and boutiques. A visit to Castel Roncolo, situated at the entrance of the Val Sarentina which preserves the largest surviving cycle of medieval profane frescos, will conclude the tour. Return to your hotel for an overnight. **(B)**





VAL DI FASSA, TRENTO, ALTO ADIGE REGION

Day 4

Breakfast in your hotel. Depart for Excursion "La Gran Vera." Easy excursion along the frontline in the area of Fango to visit the Austro-Hungarian trenches dating back to the first World War. The Austro-Hungarian command blockaded Paneveggio with Forte Buso and Forte Dossaccio (now under restoration), which guard the Valle del Travignolo and Val di Fiemme on the road between Predazzo and Passo Rolle.

In Val di Fassa no major works were put in place by the Imperial High Command, only Forte Moena was built to guard access to Passo San Pellegrino but was later turned into a military depot. The onset of war, however, changed everything. First it was decided to evacuate the valley and to deploy troops at Passo San Lugano and Lake Carezza; later, and with the help of the German Alpenkorps, it was decided to occupy the mountain summits.

There followed numerous encounters and battles, which did not result in any significant gains despite the soldiers' efforts in extremely hostile conditions. The

many battle sites include Cima Bocche, Passo delle Selle, Cresta di Costabella and Marmolada with its "city of ice." Many interesting itineraries can be followed in these mountains, such as the accessible to everyone Fango area, which also features long stretches of trenches that cut through woods and pastures.

Canazei - Canazei one of the most important tourist centers of Val di Fassa thanks to its extraordinary location. It is in fact surrounded by the majestic Dolomites, the Sella group and the Marmolada (3342m), the Queen of the Dolomites. Crucial for the development of tourism in Canazei, Strada delle Dolomiti (in 2009 has made a hundred years), which connects Bolzano to Cortina going with panoramic hairpin bends even the Pordoi Pass.

In winter, Canazei is the capital ski, located right in the heart of the Dolomiti Superski, the largest ski area with 1,200 km of slopes, and equipped with four ski areas Belvedere, Ciampac, Col Rodella and Marmolada easily reached from the village. In summer it is a paradise for hikers: pleasant walks, trekking at high

altitude, climbing the peaks that have shaped the history of mountaineering, and for the brave even paragliding, between Pordoi and Col Rodella. The presence of sports facilities, trendy shops, restaurants, pubs and clubs makes Canazei the perfect place for a vacation in the mountains.

The wonderful and funny water spa center of Canazei. Developed in 2000, the water spa center has been based on the ancient philosophy of bioclimatology used in Roman Baths and also by others who realised the beneficial properties of water. Hamman, hydromassage, frigidarium, Roman baths, conifer, thalasso, chamomile, tepidarium, relaxation area, Finnish sauna and bio-sauna. This last sauna is particularly suitable after a hard day's skiing, climbing or trekking. Its benefits arise from the healthgiving properties of hot air and water. The center also offer a fantastic aquatic area, an oasis of movement, fun and relaxation where you can enjoy a spectacular view of the mountains from which the water originates. Return to your hotel for an overnight. **(B)**





TRENTO, BUONCONSIGLIO CASTLE

Day 5

Breakfast at your hotel. Depart for Trento, city of art, history and meeting point between Italian and Central European culture. Nestled in the heart of the Alps, the city of Trento acquired great importance during the Roman period of which it still retains many elements including the underground archaeological area of Piazza Cesare Battisti and the early Christian basilica, which offer rare but complete examples of Roman town planning. Trento is city of art, history and meeting point between Italian and Central European culture. The City Council conserves in its monuments the heritage written over the centuries by the two cultures and it is unique, among the Alpine cities, for its elegant Renaissance style that recent restoration works has enhanced. We will visit the historical center, the Cathedral and Castel Beseno (Buonconsiglio Castle) - interior. The famous wine Trento DOC in the beautiful frame of Palazzo Roccabruna in Trento Palazzo Roccabruna hosts the provincial winehouse of Trentino region. You will be welcomed in the XVI century rooms of this

beautiful building where you will discover the flavors and aromas of wines from Trentino and the permanent collection of TRENTO DOC, wine made through classic method, witnesses in the world of the quality of the local wine production. Assisted by an expert sommelier you will increase knowledge of local wines with local products, such as delicious and fine cheeses. Return to your hotel for an overnight. **(B, CT, WT)**

Day 6

After breakfast, free time to explore on your own. Overnight in your hotel. **(B)**

Day 7

Breakfast at your hotel. Sunset excursion at dusk with dinner in a hut. Extraordi

OPTIONAL TOURS

Guided visit of Bressanone

Bressanone was for almost eight centuries the seat of the prince-bishops and became quite early the artistic and religious centre of Tyrol. Several monuments testify the noble past of the town: the Baroque cathedral and the Gothic cloister decorated with precious frescos. The Bishop's Palace, the parish church

of St. Michele. Finally, Castel Veltuno a magnificent Renaissance castle, once used by the Prince-Bishops of Bressanone as a summer residence.

Guided visit of Merano

Situated at 324 metres above sea level, Merano lies in a basin formed by the mouths of the Val Venosta, Valle dell'Adige and Val Passiria. High mountain ranges protect the city to the north and the east. This unique geography is largely responsible for the city's typically mild climate, which supports a wide

variety of Mediterranean and subtropical plants. Palms, cactuses and similar vegetation create an appealing contrast to the native Alpine flora. This enchanting town, renowned for the magical atmosphere offered by its wonderful Christmas Markets, boasts a beautiful historical center characterized by Medieval lanes, city walls and gates, flawless architecture of elegant Art Nouveau buildings that date back to the late 19th and early 20th centuries, churches and religious buildings of diverse denominations as well as gardens and parks in a wide range of styles. Merano is also a



nary evening excursions to experience the fabulous sunsets on the Dolomites! Enjoy a tasty dinner at the mountain hut and a torchlight or moonlight walk back for a sensational experience! Overnight in your hotel. **(B, D)**

Day 8

After breakfast, depart for the airport for your return flight home. **(B)**

WHAT'S INCLUDED

- Round-trip airport to hotel transfers
- 7 nights hotel accommodation at 3 or 4* hotels
- Daily breakfast
- 2 dinners, 1 Wine Tasting, 1 Cheese Tasting
- Excursions to:
 - The "Faries Wood
 - La Gran Vera
 - Sunset of Dolomites
- Visits to:
 - Moena
 - Bolzano
 - Canazei
 - Trento
 - Campitello

NOT INCLUDED

- Car rental (this is available upon request)
- Car rental with chauffeur (available upon request)
- City tax to be paid directly in hotel
- Extra, tips and anything else not listed under "What's Included"

Legend

B	Breakfast
L	Lunch
D	Dinner
WT	Wine Tasting
CT	Cheese Tasting



spa town and one of the loveliest wellness centres south of the Alps. Today, its spatial rooms host a variety of cultural and social events, concerts, conferences, exhibitions, celebrations and gala evenings.

Guided visit of Soraga

Soraga (1210 m.) is at the foot of the Catinaccio Group and the Vallaccia mountain, offering tourists and their families a relaxing holiday with peaceful or romantic walking along the Lake of Pezzé and, while wandering through its streets, discovering the work of the local sculptors and painters.

Soraga also has the Fuciade mountain pastures at the San Pellegrino Pass, a wonderful valley on the slopes of the Costabella mountains which can be considered a true corner of paradise where the magic of the Dolomites can be enjoyed. For keen mountain bikers and cross-country skiers, there is a modern trail which connects Soraga to Moena and Canazei.

Guided visit of Mazzin

Mazzin (1372 m.) sits in the centre of the Fassa Valley and is surrounded by striking Dolomite conformations. The commune of Mazzin includes the villages of Campestrin and Fontanazzo, small mountain villages which are joined up with the rest of the valley by pedestrian, cycling and cross-country skiing tracks, immersed in the most beautiful natural surroundings.

Throughout the winter tourists can make the most of the free shuttle-bus service which in a few minutes takes them to the Valley's ski-lifts. Historically, Mazzin's territory is considered extremely important, since the remains of an ancient fortress were found on the Doss dei Pigui, on the orographic left hand side of the Avisio river, these include bronze household items, instruments of

defence and jewels which are evidence of the lives of the Raetian people, ancient precursors of the Ladin language.

NATURE

The first World War in the Dolomites. An open air museum.

Medium difficulty excursion in the Colifon area at Passo San Pellegrino along the Italian frontline, surrounded by a beautiful landscape.

During the First World War (1914-1918) the Crests of Costabella, Monzoni, Cima Bocche and Juribritto were the scenes of bloody battles between the Italian army and Austrian troops, and there are several well preserved testimonials to the presence of both sides.

At the same time these routes pass through areas that are extremely special from a naturalistic point of view, so much so that the Monzoni has been defined as the most interesting geological and mineralogical museum in Europe. The fauna is also remarkable, with plenty of marmots, deer and mountain goats.

Excursions on the Marmolada Glacier ("via ferrata" medium level) Via ferrata of Marmolada's west ridge

Medium level via ferrata all day long, to reach Ponta

Penia, the higher point in the Dolomites 3342m!

Remember! During the Marmolada tour you'll walk on the snow and you'll need some good trekking shoes.

(Min. 3 people)

Let's trek "Into the wild" and overnight in Tend or Bivouac - Two-days trekking with overnight in Tend or Bivouac.

Walk wild mountain trails accompanied by our expert Alpine Guides, experience

alpine landscapes from dawn to dusk, enjoy magic moments surrounded by the peace of nature. Opportunity to enrich the trekking with a Via Ferrata.

Medium difficulty (Min. 4 people)

Lusia Family day with lunch in chalet and visit to the Mini - Zoo

Family excursion including the use of lifts, visit to the Mini-Zoo and lunch in a cozy Chalet with wooden decor and exposed beams, in a warming and welcoming atmosphere. In the afternoon educational lab for children to learn about the origin of our wonderful Dolomites! Unforgettable family day with lots of fun for adults and children!

GASTRONOMY

Visit a local farm house and tasting of "Puzzone di Moena", a typical and tasty local cheese (Predazzo)

Puzzone di Moena or Spretz Tzaori is a very characteristic cheese, recognizable by the wet crust, covered with a greasy film, for the particular sharp smell and the unmistakable taste. It is obtained from raw milk and is aged minimum 90 days up to a maximum of 8-10 months. The milk comes from cows of Brown and Grey Alpine race, fed with pasture field or grazing. It is a tasty cheese that meets the favor of consumers who appreciate the flavors of the things of the past. The name "Puzzone" clearly defines the characteristics of the product; the term "Spretz Tzaori" is its translation into Ladin (ancient dialect of this area). We will visit a local cheese factory that produces various cheeses, including Puzzone di Moena DOP and Trentingrana DOP. During the visit the staff will explain to you the whole milk supply chain and production methods of various cheeses and at the end of the experience you can enjoy a taste of delicious cheese.



Enchanting “Fairy Lake” and milking cows

Exciting experience in close contact with nature, walking through the beautiful surroundings of Passo San Pellegrino and the “fairy lake” set at the foot of the Col Margherita, on a waterproof bottom of volcanic rocks and surrounded by a lovely forest of larch and stone pine, widely used by both carvers and producers of essences and grappa. You will reach it through a small path that winds through myrtle and blueberry bushes. There you will meet a very nice local shepherd who will teach you how milking cows! You can also taste traditional dairy products.

High altitude sunrise breakfast at a mountain refuge.

Early morning easy excursion to experience the fascinating sunrise on the Dolomites. After the cracking of dawn, we will enjoy a hearty buffet-breakfast on the panoramic terrace of Fredarola Refuge, right in front of Marmolada glacier.

SPORT

Nordic Walking: a pleasant way to keep you in shape!

A great mix of wellbeing, fitness and sport; from calm and therapeutic walks to exercises for athletes. This walking experience is carried out along enchanting paths through our valley with the help of poles that will be provided by your instructors. Young and adults can benefit from this healthy sport together with our expert guides!

What to bring?

Comfortable sportswear to make exercise easier, trainers and a small rucksack if necessary (avoid hiking boots and large rucksacks!).

Horse riding surrounded by the charm of the Dolomites!

Going for a horse ride, learning how to ride, or enjoying spectacular horse drawn carriage rides surrounded by the charm of the Dolomites! This is what the riding schools up and down the valley have to offer...

A ranch between the beautiful landscapes of Canazei and Campitello offers rides every day, pony rides for little ones and full-day or half-day rides! Children and adults are able to go on rides through our splendid valley!

Bike lessons on the go!

Guided excursion for families along the cycle route of Val di Fassa to learn about mountain life and culture. Enjoy a didactic adventure on theme-based paths riding through woods, farms and organic fields, farm holidays and a lot of lovely animals.

Paragliding in Val di Fassa

If you want to feel what eagles feel flying over our mountains steep in the silence of the air and the immensity of nature, you can commit yourself to someone expert in flying. The paragliding flight in tandem is an experience for everyone because you don't need any qualification. Once you'll take off from the top of Col Rodella hill (2450m), the way down to Campitello (1440m) will become an unforgettable experience. You'll have the possibility to immortalize this moment buying the pictures or the video, we'll record for you! The instructors fly every day in the morning from 12th of June to 9th of October. It is possible to fly during the WINTER period too!!!

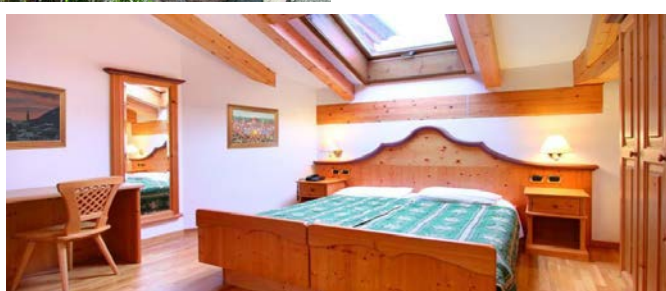
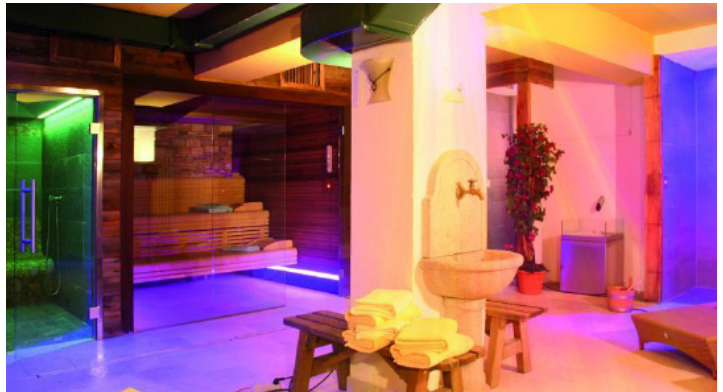
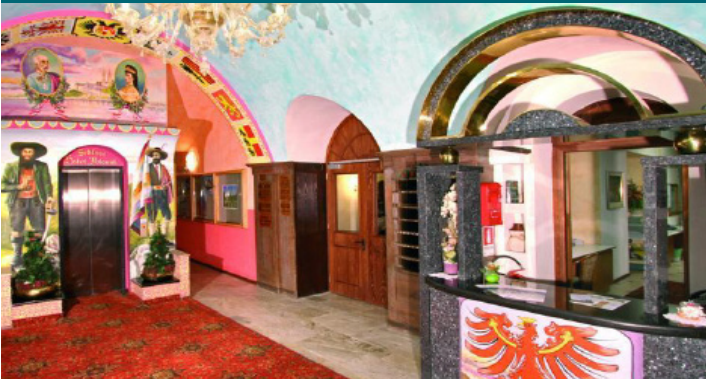
Exciting and funny Grass Skiing experience

Grass Skiing is the summer's version of winter downhill skiing. It is an exciting and funny sport which requires physical strength, agility and fitness. The skiers

wear special tracked skis, specifically designed to slide on grass. Beginners can play Grass Skiing under the guidance of very qualified instructors of Canazei Marmolada. Young and old can enjoy the sensation of gliding down a grassy hill with tracked skis from the Avisio skilift at Canazei!



4* HOTEL



3* Hotel

